



# 2023 Benefits Open Enrollment Newsletter

**Enroll between Monday, Oct. 31 and Monday, Nov. 14**

Open Enrollment is your once-a-year opportunity to choose your benefits for the upcoming plan year.

## This year, you **MUST ENROLL** to make sure you get the benefits you want!

Because of plan and vendor changes for 2023, **you must actively enroll** to have these benefits in the upcoming year: **medical, health savings account (HSA), flexible spending accounts (FSAs), critical illness insurance, hospital indemnity insurance, and accident insurance.** Your current elections for these benefits will not roll over. See page 2 for details.

Take these steps to make sure you have the benefits that are right for you and your family in 2023:

- 1** **Review this newsletter** to find out what's new or changing for 2023.
- 2** **Visit our benefits website** at [myallscriptsbenefits.com](http://myallscriptsbenefits.com) for an overview of all benefits available to you. You'll find valuable tools and resources to help you get and stay healthy, save money and achieve more balance in your life.
- 3** **COMING SOON!** When open enrollment begins watch the presentation. (See details on page 2.)
- 4** **Decide which benefits you need for 2023.**
  - **Health Advocate** can help you compare plans and answer your questions. Go to [www.healthadvocate.com/members](http://www.healthadvocate.com/members) or call 866.695.8622.
  - You can also use the Cigna Easy Choice Tool to help you compare and review your Cigna medical plan choices. Go to [www.CignaEasyChoice.com](http://www.CignaEasyChoice.com) and use access code **W9KGTUWX** or call the Cigna Pre-Enrollment Information Line at 888.806.5042, 24 hours a day, 7 days a week.

Your new benefit elections will take effect Jan. 1, 2023.

**Ready to enroll?** Go to our All Care Benefits Service Center enrollment system at [www.allscriptsbenefits.com](http://www.allscriptsbenefits.com). The enrollment system will open from **Monday, Oct. 31 through Monday, Nov. 14**. If you need help enrolling or resetting your password, call 1-844-705-4101.



# What happens if you don't enroll by Nov. 14

You will NOT have these benefits	You will only have these coverages
<ul style="list-style-type: none"> <li>• Medical</li> <li>• Health savings account (HSA)</li> <li>• Flexible spending accounts (FSAs)</li> <li>• Critical illness insurance</li> <li>• Hospital indemnity insurance</li> <li>• Accident insurance</li> </ul> <p><b>Your current elections for these benefits will not roll over.</b></p>	<ul style="list-style-type: none"> <li>• If you are currently enrolled in these benefits, your elections will roll over at 2023 rates:               <ul style="list-style-type: none"> <li>– Dental</li> <li>– Vision</li> <li>– Voluntary life and AD&amp;D coverages, including spouse/ domestic partner and child life and AD&amp;D insurance coverages,</li> </ul> </li> <li>• Company-provided benefits (such as basic life and AD&amp;D coverage and disability)</li> </ul>

## If you are adding dependents to your coverage...

You must provide proof of eligibility to add dependents who are not currently covered under the Allscripts benefit plans. The Allscripts benefits enrollment system will alert you to any documentation needed (such as a marriage certificate or birth certificate, etc.) to verify dependent eligibility. You must return documentation promptly to complete your coverage addition and to receive your Medical ID cards by Jan. 1, 2023.



## COMING SOON: 2023 open enrollment presentation

Be sure to watch this presentation to find out what's new, changing or staying the same for 2023. When open enrollment begins, this presentation will be available in the [Allscripts Learning Center](#).

The presentation will also be available on the login page of our [enrollment system](#).

# What's new or changing for 2023?

## Well-being

- The Virgin Pulse program will end on Dec. 31, 2022. Until then, you can continue to use the platform and resources. All eligible associates will still be able to earn Pulse Cash through Virgin Pulse through Dec. 31, 2022, so keep stepping and earning those points!
- If you enroll in an Allscripts medical plan for 2023 you will no longer need to earn the All Well credit; everyone's premium will include the discount.
- You will continue to have access to your Virgin Pulse account for 30 days after the program ends to redeem any earned Pulse Cash.
- Allscripts is committed to your physical, emotional and financial well-being and will be introducing new benefits and resources in 2023. Stay tuned!
- Until then, be sure to take advantage of other well-being benefits, such as:
  - Livongo healthy lifestyle programs (if eligible).
  - Cigna lifestyle management programs (for weight, smoking, stress management) and more.
  - The Employee Assistance Program (EAP).

## Medical

Our Cigna medical plans have several changes, including a new PPO option. We are also adding three Kaiser Permanente medical options for California residents. (These are in addition to the Cigna options available to all associates.) If you enroll in an Allscripts medical option for 2023, you will receive a new ID card.

## Cigna medical plan changes

- The **Cigna HRA Value plan will end** on Dec. 31, 2022. **Important:** If you are currently enrolled in the Cigna HRA Value plan and choose the Cigna HRA plan for 2023, your unused HRA funds will roll over to the new plan. However, if you are currently enrolled in the Cigna HRA Value plan and enroll in the Cigna HSA plan or the Cigna PPO plan—or you do not enroll in any medical plan—you will have until June 30, 2023 (180 days), to submit claims for eligible medical expenses incurred in 2022. Any unused funds in your HRA after this date will be forfeited.
- The Cigna HRA Plus and HSA Base plans will have a few changes to plan features—as well as new plan names: **Cigna HRA and Cigna HSA plans.**

See the Medical chart on page 5 for 2023 plan details.

- We are introducing a **new Cigna PPO plan** as our third medical option. The PPO plan will have copays (instead of coinsurance) for network office visits (primary care and specialists), urgent care and emergency room care.
- Medical rates are increasing due to actual medical and prescription drug claims experience. See “Medical per paycheck rates for Cigna and Kaiser plans” on [page 9](#).
- **New ID cards.** Because of plan changes and active enrollment, you will receive a new medical ID card if you enroll in one of the medical options.
- **Allscripts contributions.** Allscripts contributions to the HRA will not change. HSA contributions will decrease this year. See “How Allscripts makes contributions to your HRA or HSA account” on [page 7](#) for details.

## Cigna prescription drug benefits

- The prescription drug program will change to the Cigna National Preferred Formulary program.
- See the Prescription drug chart on [page 6](#) for details.

## Kaiser Permanente

- Kaiser Permanente will offer three new medical options for California residents: Kaiser HMO, Kaiser HRA and Kaiser HSA. These plans are in addition to the Cigna medical plan options. See Kaiser Permanente medical chart on [page 8](#).

## **NEW!** Tobacco surcharge

If you enroll in an Allscripts medical plan and you currently use tobacco products (or have used tobacco within the last six months), you will pay a tobacco surcharge of \$50 per month (\$25 per paycheck) in addition to your regular medical premium.

You may be eligible to have the surcharge stopped if you enroll in and successfully complete one of our medical providers' tobacco cessation programs. See “Tobacco surcharge” on [page 9](#) for details.

## **NEW!** COVID vaccination surcharge

If you enroll in an Allscripts medical plan and you have not been vaccinated for COVID, you will pay a surcharge of \$10 per month (\$5 per paycheck). If you are vaccinated but haven't entered your vaccination status in Oracle, please do so as soon as possible to avoid the surcharge. See “COVID vaccination surcharge” on [page 10](#).

## Health reimbursement account (HRA)

If you enroll in one of the Allscripts HRA plans this year, you will receive Allscripts contributions during the year. See “How Allscripts makes contributions to your HRA or HSA account during the year” on [page 7](#) for contribution details.

## Health Savings Account (HSA)

- If you enroll in the Cigna HSA Plan or the Kaiser HSA Plan you can participate in a health saving account (HSA).
- **You can contribute more in 2023.** IRS maximum contribution limits are increasing to **\$3,850 for associate-only** and **\$7,750 for family**. (These are increases of \$200 and \$450). These maximum limits include your contribution and Allscripts contributions combined.
- Allscripts contributions. See “How Allscripts makes contributions to your HRA or HSA account during the year” on [page 7](#) for contribution details.

If you're age 55 or older, you can contribute an additional **\$1,000** in catch-up contributions each year.

## Dental and Vision

- There are no plan design or rate changes for 2023. See [MyAllscriptsBenefits.com](#) for dental and vision plan details.

## Flexible spending accounts

- The All Care Benefits Service Center will replace WEX as our flexible spending account (FSA) administrator in 2023 for the general purpose healthcare FSA, limited purpose healthcare FSA, and dependent care FSA. These accounts will be called MyChoice™ accounts.
- See “MyChoice FSA advantages” on [page 10](#).
- WEX will continue to administer our accounts through Dec. 31, 2022. If you have unused funds in your account at that time, you have until March 31, 2023, to file a claim for any 2022 eligible expenses.

## Critical illness, hospital indemnity and accident insurance

- Aetna will replace Aflac as the administrator for these voluntary insurance plans.
- If you are currently enrolled in critical illness, hospital indemnity and/or accident insurance, **your current elections will not roll over for 2023; you must re-enroll to continue participation.**
- **Special one-time enrollment opportunity!** All of these plans will be “guaranteed issue” for you and your family which means you are guaranteed acceptance with no medical questions asked when you enroll during this year's open enrollment.
- Each of these plans offer enhanced benefits and better pricing. See “Enhanced voluntary benefit plans” on [page 11](#).

## Legal plan

- The MetLife legal plan's covered services will be enhanced, including adding divorce as a covered service.
- Other plan features and pricing will remain the same.

## Retirement Savings Plan: Important change!

- Starting in January, you will automatically be enrolled in the Allscripts Retirement Savings Plan at 4% of your annual salary, unless you are already enrolled at a higher amount.
- You can change your contributions to a higher or lower amount at any time during the year.

See [page 11](#) for more information



# Medical

## Cigna Medical Options

Here's an overview of our Cigna medical options for 2023. Remember, **you must actively enroll in a medical plan during open enrollment to have coverage for 2023; your current election will not roll over.**

	Cigna HRA		Cigna HSA		Cigna PPO	
Type of Account	Health Reimbursement Account (HRA)		Health Savings Account (HSA)		Preferred Provider Organization (PPO)	
<b>Allscripts Contributions to Health Account</b>						
	See "How Allscripts makes contributions to your HRA or HSA account during the year" on <a href="#">page 7</a> .				N/A	
<b>Plan features</b>						
	In-network	Out-of-network	In-network	Out-of-network	In-network	Out-of-network
<b>Deductible</b>	\$1,500 person \$3,000 family	\$4,500 person \$9,000 family	\$2,500* person \$5,000 family	\$5,000* person \$10,000 family	\$3,000 person \$6,000 family	\$6,000 person \$12,000 family
<b>Coinsurance</b>	20% after deductible	50% after deductible	25% after deductible	50% after deductible	30% after deductible	50% after deductible
<b>Out-of-pocket maximum</b>	\$5,000 person \$10,000 family	\$10,000 person \$20,000 family	\$6,000 person \$12,000 family	\$12,000 person \$24,000 family	\$7,300 person \$14,600 family	\$14,600 person \$29,200 family
<b>Preventive care visit</b>	Fully covered	50% after deductible	Fully covered	50% after deductible	Fully covered	50% after deductible
<b>Primary care office visit</b>	20% after deductible	50% after deductible	25% after deductible	50% after deductible	\$20 copay	50% after deductible
<b>Specialist office visit</b>	20% after deductible	50% after deductible	25% after deductible	50% after deductible	\$50 copay	50% after deductible
<b>Urgent care</b>	20% after deductible	20% after deductible	25% after deductible	25% after deductible	\$75 copay	\$75 copay
<b>Emergency room</b>	20% after deductible	20% after deductible	25% after deductible	25% after deductible	\$200	\$200

\* Under the HSA Plan, if more than one individual is enrolled, the family deductible must be met. Once the family deductible has been met, the plan will pay each enrolled family member's covered expenses based on the co-insurance level. One individual may satisfy the per person out-of-pocket maximum.



### Cigna Easy Choice<sup>SM</sup> Tool

Take advantage of the Cigna Easy Choice Tool to help you compare and review your Cigna 2023 medical plan choices.

Go to [www.CignaEasyChoice.com](http://www.CignaEasyChoice.com) and use access code W9KGTUWX. Or call 1.888.806.5042, available 24/7.

## Cigna prescription drug

If you enroll in one of the Cigna medical plans, you automatically have these prescription drug benefits.

Plan features	Cigna HRA		Cigna HSA		Cigna PPO	
	In-network	Out-of-network	In-network	Out-of-network	In-network	Out-of-network
<b>30-Day supply through retail or mail order</b>						
<b>Preventive*</b>	No copay	50% after deductible	0%, no deductible	50% after deductible	No copay	50% after deductible
<b>Generic</b>	\$15 copay	50% after deductible	25% after deductible	50% after deductible	\$15	50% after deductible
<b>Preferred brand</b>	30% up to \$125 max	50% after deductible	30% after deductible (up to \$125 max)	50% after deductible	\$30	50% after deductible
<b>Non-preferred brand</b>	40% up to \$225 max	50% after deductible	40% after deductible (up to \$225 max)	50% after deductible	\$60	50% after deductible
<b>Specialty</b> (limited to a 30-day supply)	40% up to \$225 max	50% after deductible	40% after deductible (up to \$225 max)	50% after deductible	\$80	50% after deductible
<b>90-day supply through retail or mail order (Note: Mail order is not covered out-of-network.)**</b>						
<b>Preventive*</b>	No copay	50% after deductible	0%, no deductible	50% after deductible	No copay	50% after deductible
<b>Generic</b>	\$37 copay	Not covered	25% after deductible	Not covered	\$37 copay	Not covered
<b>Preferred brand</b>	30% coinsurance up to \$312 max	Not covered	30% after deductible (up to \$312 max)	Not covered	\$75 copay	Not covered
<b>Non-preferred brand</b>	40% coinsurance up to \$562 max	Not covered	40% after deductible (up to \$562 max)	Not covered	\$150 copay	Not covered

You can obtain specific preventive medications in-network with reduced cost-share as follows:

There is no cost for medications on Cigna's No Cost-Share Preventive Medication (ACA) list for all plan participants.

- Additionally, for Cigna HSA Plan participants, when you purchase other preventive medications listed on Cigna's 2023 Preventive Generics and Preferred Brands Drug list, you will pay 20% coinsurance, but no deductible applies.
- To see Cigna's lists of preventive medications, visit [mycigna.com](https://mycigna.com). For cost details regarding preventive medications and the National Preferred Formulary, contact Cigna at **1-888-806-5042**.

\*\* You must fill maintenance medication prescriptions in a 90-day supply through Cigna 90 Now.

# How Allscripts makes contributions to your HRA or HSA account during the year

**Note:** If you enroll in the Kaiser HRA medical plan, you will receive 100% of Allscripts contributions on Jan. 1, 2023.

Coverage level	Allscripts Quarterly Health Account Contributions				Maximum Allscripts Contributions
	Q1	Q2	Q3	Q4	
<b>HRA</b>					
Associate only	\$200	\$100	\$100	\$100	\$500
Associate + spouse/DP	\$300	\$150	\$150	\$150	\$750
Associate + child(ren)	\$300	\$150	\$150	\$150	\$750
Associate + family	\$400	\$200	\$200	\$200	\$1,000
<b>HSA</b>					
Associate only	\$160	\$80	\$80	\$80	\$400
Associate + spouse/DP	\$240	\$120	\$120	\$120	\$600
Associate + child(ren)	\$240	\$120	\$120	\$120	\$600
Associate + family	\$320	\$160	\$160	\$160	\$800



## Kaiser Permanente HMO Medical Options (for California residents)

Plan Name	Kaiser HRA	Kaiser HSA	Kaiser HMO
<b>Deductible</b>	Individual: \$1,500 Family: \$3,000	Individual: \$2,500* Family: \$5,000	Individual: \$3,000 Family: \$6,000
<b>OOP Max</b>	Individual: \$3,000 Family: \$6,000	Individual: \$4,500 Family: \$9,000	Individual: \$6,000 Family: \$12,000
<b>HRA/HSA Employer Funding</b>	See "How Allscripts makes contributions to your HRA or HSA account during the year" on <a href="#">page 7</a> .		N/A
<b>Coinsurance</b>	20% after deductible	0% after deductible	30% after deductible
<b>PCP Office Visit</b>	\$20 per visit after deductible	\$30 per visit after deductible	\$40 per visit
<b>Specialist Office Visit</b>	\$20 per visit after deductible	\$50 per visit after deductible	\$50 per visit
<b>Emergency Room</b>	20% after deductible	\$100 per visit after deductible	30% after deductible
<b>Urgent Care</b>	\$20 per visit after deductible	\$30 per visit after deductible	\$40 per visit
<b>Prescription drug benefits</b>			
<b>Retail Generic</b> (up to a 30-day supply)	\$10 copay	\$10 copay after deductible	\$10 copay
<b>Retail Brand Formulary</b> (up to a 30-day supply)	\$30 copay	\$30 copay after deductible	\$30 copay
<b>Mail Generic</b> (up to a 100-day supply)	\$20 copay	\$20 copay after deductible	\$20 copay
<b>Mail Brand Formulary</b> (up to a 100-day supply)	\$60 copay	\$60 copay after deductible	\$60 copay
<b>Specialty</b> (up to a 30-day supply)	20% coinsurance (not to exceed \$150)	20% coinsurance after deductible (not to exceed \$250)	20% coinsurance (not to exceed \$250)

\*Under the HSA Plan, if more than one individual is enrolled, an individual deductible must be met per family member. Once this, or the family deductible has been met, the plan will pay each enrolled family member's covered expenses based on the co-insurance level. However, one individual may satisfy the per person out-of-pocket maximum.

## Medical per-paycheck rates for Cigna and Kaiser plans

Coverage level	Associate per-pay-period contribution
<b>2023 Cigna medical rates</b>	
<b>Cigna HRA</b>	
Associate only	\$95.00
Associate + spouse/DP	\$239.50
Associate + child(ren)	\$136.00
Associate + family	\$239.50
<b>Cigna HSA</b>	
Associate only	\$85.00
Associate + spouse/DP	\$202.00
Associate + child(ren)	\$119.00
Associate + family	\$214.50
<b>Cigna PPO</b>	
Associate only	\$43.50
Associate + spouse/DP	\$138.50
Associate + child(ren)	\$75.50
Associate + family	\$144.50

Coverage level	Associate per-pay-period contribution
<b>2023 Kaiser Permanente medical rates (California residents only)</b>	
<b>Kaiser HRA</b>	
Associate only	\$101.50
Associate + spouse/DP	\$256.00
Associate + child(ren)	\$145.50
Associate + family	\$256.00
<b>Kaiser HSA</b>	
Associate only	\$71.50
Associate + spouse/DP	\$170.00
Associate + child(ren)	\$100.00
Associate + family	\$180.50
<b>Kaiser HMO</b>	
Associate only	\$41.00
Associate + spouse/DP	\$130.50
Associate + child(ren)	\$71.00
Associate + family	\$136.00



## How the medical surcharges work (and how to avoid them)

### Tobacco surcharge

If you enroll in an Allscripts medical plan (Cigna or Kaiser Permanente), you must certify whether you use tobacco. If you certify that you are a tobacco user, starting Jan. 1, 2023, you will pay a **\$25 per paycheck** surcharge (\$50 per month). This is in addition to your regular medical premium.

A "tobacco user" refers to the use of tobacco products within the **past six months**. Tobacco products include:

- Cigarettes, cigars, and pipes, snuff, chewing tobacco.
- All forms of smokeless tobacco.
- Clove cigarettes.
- Any other smoking devices that use tobacco, such as hookahs, or simulate the use of tobacco, such as electronic cigarettes.

### How to avoid or stop the surcharge

For 2023, if you enroll in an Allscripts medical plan (Cigna or Kaiser Permanente) and you certify that you are a tobacco user, you will be assessed the surcharge. (This surcharge applies only to an employee who uses tobacco, not to covered dependents.)

However, if you successfully complete one of our medical providers' **free** Tobacco Cessation programs (see [page 10](#)) or are tobacco free for at least **six months**, you can apply to no longer pay the surcharge and you may be eligible for credit of any surcharge that you have paid. You must log into [AllscriptsBenefits.com](#) and change your Tobacco Use status to a non-user. Please note, it may take up to two pay periods before the surcharge is removed from your paycheck.

## How the medical surcharges work (and how to avoid them) continued...

### Commit to quit!

It is no secret that tobacco use leads to serious health issues. Avoid the tobacco surcharge by taking advantage of our medical providers' Tobacco Cessation Programs that offer:

- A personal quit plan with a realistic quit date.
- Support and advice from a personal wellness coach to get the support you need to kick the habit for good.
- **Free** over-the-counter nicotine replacement therapy (patch or gum).
- Access to educational materials, interactive tools and resources.

To get started, contact your medical provider for details:

<b>Cigna</b>	Call or go online to <a href="http://www.myCigna.com">www.myCigna.com</a> . Or use the myCigna mobile app.
<b>Kaiser Permanente</b>	Go online to <a href="http://www.kp.org/quitsmoking">www.kp.org/quitsmoking</a> .

### COVID-19 vaccination surcharge

If you enroll in an Allscripts medical plan for 2023, you will pay a surcharge of \$10 per month (\$5 per paycheck) if you haven't received a COVID-19 vaccine by March 31, 2023. You must enter your vaccination status in Oracle by that date. If you are not vaccinated, you will see the surcharge added to your medical premiums starting with the first paycheck after April 1, 2023.

If you've already received your vaccination, don't wait, enter your status now! For details on our vaccination policy or to find out how to enter your status in Oracle, refer to the "US COVID-19 Vaccination Policy" available on the Policies intranet page.

During the year, if you complete the COVID-19 vaccination and enter this information into Oracle, Allscripts will remove the surcharge; it may take up to three pay periods before you see this reflected in your paycheck.

**Note:** New hires will have 90 days from their date of hire to enter proof of vaccination.



## The MyChoice FSAs

Starting Jan. 1, 2023, the All Care Benefits Service Center will administer our flexible spending accounts (FSAs) which will be called MyChoice accounts. The general healthcare, limited healthcare and dependent healthcare FSAs will work as they do now, with some enhancements.

**The commuter accounts will no longer be offered after Dec. 31, 2023.** If you are currently enrolled in a commuter FSA and have a balance in your account as of Jan. 1, 2023, your commuter account will automatically be transitioned to a MyChoice account. You will be able to continue to spend the funds you have in your commuter account, but beginning Jan. 1, 2023, you will no longer be able to contribute additional funds. **If you do not currently have a commuter account, you will not be able to enroll in one in 2023.**

### MyChoice FSA advantages

Since the All Care Benefits Service Center already powers Allscripts' enrollment system platform ([www.allscriptsbenefits.com](http://www.allscriptsbenefits.com)), you'll experience even more advantages when you enroll in one or more of the MyChoice FSAs. You can:

- Manage your account when you visit [www.allscriptsbenefits.com](http://www.allscriptsbenefits.com) (or use the MyChoice app).
- Receive personalized reminders to optimize your FSA balances.
- Access Sofia, the MyChoice personal benefits assistant, to help you manage your account options, get your balance, research eligible expenses and answer your questions.
- Use the MyChoice Accounts VISA debit card to pay for eligible expenses.

Remember, you must elect FSAs each year to participate; your current elections will not roll over.



# Enhanced voluntary benefit plans

Allscripts strives to offer enhanced voluntary benefit plans with affordable rates that meet the financial needs of our associates and their families. After our annual benefits review, we selected Aetna as the provider for our **critical illness, hospital indemnity and accident insurance** plans.

You can expect to see enhanced benefit offerings and pricing with these new plans. In addition, all plans are “**guaranteed issue**” for you and your covered family members which means you are guaranteed acceptance with no medical questions asked when you enroll during open enrollment. This is a one-time special enrollment opportunity—don’t miss it!

To learn more about these benefits, download these flyers in our Resources section:

- Critical illness insurance
- Hospital indemnity insurance
- Accident insurance

**Remember, even if you are currently enrolled in any of these plans, you must re-enroll during open enrollment to have coverage for 2023.**

Your current elections will not rollover.

## What happens to my current Aflac coverage?

Premiums for the Aflac plans will be discontinued from payroll deduction. The last 2022 deduction will be taken from your final paycheck in December 2022. If you want to maintain your current Aflac policy, you can do so by calling Aflac to set up direct billing to pay premiums, at (800) 433-3036.

*Note: If you currently have a claim with any of your current plan(s), Aflac will honor the claim and will pay benefits under the terms of the policy.*



## Maximizing your Retirement Savings Plan account

Allscripts cares about your financial well-being, which includes having the financial resources to enjoy life once you retire. That’s why starting in January 2023, **you will be automatically enrolled in the Allscripts Retirement Savings Plan at 4% of your eligible pay.** (If you are already enrolled at a higher percentage, that will continue.) You can increase, decrease or suspend contributions at any time by logging into <https://workplace.schwab.com/> or by calling Charles Schwab at 800.724.7526.

Allscripts will match dollar-for-dollar up to the first 4% of your contributions. The plan recognizes base pay, bonuses, commissions and other forms of pay for matching purposes.



## 24/7 Emotional support resources

It's important to prioritize your emotional well-being. Allscripts provides a number of programs and resources to help, including the plans below. For additional well-being programs, see [myallscriptsbenefits.com/emotional-support](https://myallscriptsbenefits.com/emotional-support).

### Employee Assistance Program (EAP)

Significant changes in familiar routines and uncertainty about the future can lead to stress, anxiety or depression. Our Employee Assistance Program (EAP) helps with little issues, big problems and everything in between.

Find out more at [www.MyAllscriptsBenefits.com/emotional-support](https://www.MyAllscriptsBenefits.com/emotional-support).

### MDLIVE behavioral health

If you are enrolled in an Allscripts Cigna medical plan, you have another resource to help with stress, depression, addiction or other mental health issues: MDLIVE behavioral health. You can see a counselor or psychiatrist using the MDLIVE website or mobile app through a secure, live video connection.

Contact MDLIVE: 888.726.3171 | [www.mdliveforcigna.com](https://www.mdliveforcigna.com)

### National Suicide & Crisis Lifeline: 988

If you or someone you know is having thoughts of suicide or experiencing a mental health or substance use crisis, you can contact the National 988 Suicide & Crisis Lifeline, available 24/7, to connect to free and confidential care with a trained crisis counselor.

Call or text 988 or chat [988lifeline.org](https://988lifeline.org).



## Are your beneficiaries up to date?

Benefits Open Enrollment is a good time to review your beneficiaries for specific benefit plans, such as the **life and AD&D insurance plans** and the **Retirement Savings Plan**. You can update your beneficiaries any time by logging in to [www.allscriptsbenefits.com](https://www.allscriptsbenefits.com) (for your life insurance and AD&D) and [www.workplace.schwab.com](https://www.workplace.schwab.com) (for your retirement plan).



To contact Health Advocate, call 866.695.8622 or visit [www.healthadvocate.com/members](http://www.healthadvocate.com/members).



## Health Advocate is ready to help you choose a medical plan—and more!

Health Advocate is available 24/7 throughout the year to help you understand your medical options, find the right doctor, enroll in Medicare, help you deal with insurance claims and much more. Health Advocate is available to all associates and their family members (even if they don't live in the same household).

To contact Health Advocate, call 866.695.8622 or visit [www.healthadvocate.com/members](http://www.healthadvocate.com/members).

You can download the Health Advocate<sup>SM</sup> app through the Apple App Store or Google Play. For new users: Download the app, then enter *Allscripts > New? Register Now*.

## Ready to Enroll?

Simply log in to our benefits enrollment system at [www.allscriptsbenefits.com](http://www.allscriptsbenefits.com) or use the MyChoice Mobile App<sup>SM</sup> to access the system through your mobile device.

Enroll by **Nov. 14** by going to [www.allscriptsbenefits.com](http://www.allscriptsbenefits.com) or using the MyChoice Mobile App<sup>SM</sup>.



You can download the MyChoice app from the Apple App store or Google Play. Once you download the app, log into the Allscripts benefits enrollment system at [www.allscriptsbenefits.com](http://www.allscriptsbenefits.com) to receive your access code. Then return to the app to enter the access code provided.

